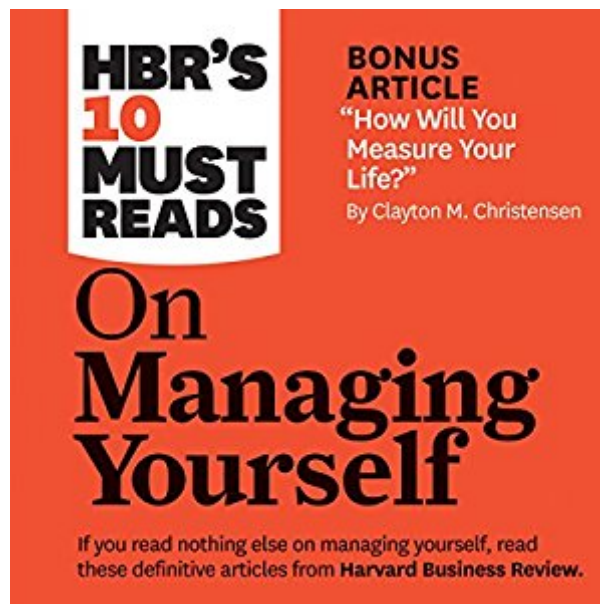




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# HBR's 10 Must Reads On Managing Yourself



## Synopsis

The path to your professional success starts with a critical look in the mirror. If you listen to nothing else on managing yourself, you should at least hear these 10 articles (plus the bonus article "How Will You Measure Your Life?" by Clayton M. Christensen). We've combed through hundreds of Harvard Business Review articles to select the most important ones to help you maximize yourself. HBR's 10 Must Reads on Managing Yourself will inspire you to: Stay engaged throughout your 50+-year work life Tap into your deepest values Solicit candid feedback Replenish physical and mental energy Balance work, home, community, and self Spread positive energy throughout your organization Rebound from tough times Decrease distractibility and frenzy Delegate and develop employees' initiative This collection of best-selling articles includes: bonus article "How Will You Measure Your Life?" by Clayton M. Christensen, "Managing Oneself", "Management Time: Who's Got the Monkey?", "How Resilience Works", "Manage Your Energy, Not Your Time", "Overloaded Circuits: Why Smart People Underperform", "Be a Better Leader, Have a Richer Life", "Reclaim Your Job", "Moments of Greatness: Entering the Fundamental State of Leadership", "What to Ask the Person in the Mirror", and "Primal Leadership: The Hidden Driver of Great Performance."

## Book Information

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## Customer Reviews

The title is misleading. This is mostly a book for current managers of other people and not actually "managing yourself".

This book has some wonderful articles that anyone can learn from. Personally I have taken to

reading a few articles more than once e.g. "How will you measure your life by Clayton M. Christensen" and have gained some key insights I think I want to apply to my own life. On the other hand, some other articles talk more about the role of leadership which I do not think necessary or they use examples which aren't relevant to the central topic of self-management but rather people-management. These articles are oft cliché and may fail to appeal to a wide range of people who I think may be reading this book e.g. non-CEO's et cetera.

You can teach an old dog new tricks. Learned something useful in almost every chapter. A nice mix of every day practical things to consider, and big picture/long term perspectives that are thought-provoking and helpful even to someone who has been a manager and exec for as long as I have. A good book that I gladly would pass on to any manager who has been working for a while.

Book arrived in great condition!

Great Read!

This book reads more like a project management book than a self-improvement book. It's written in classic HBR syntax with the multiple phases of project "YOU" to accomplish. The information, thankfully is transferable to other parts of my life, specifically the professional one... but as far as managing myself, I really don't fancy managing myself nor my life as a GANT chart.

This book has many classic and insightful management articles; however the e-book is a mess. Quotes and stories clearly intended to supplement the articles are scattered randomly throughout the articles disrupting the flow of the articles and making them incomprehensible at times.

wish i would have read this earlier in my life. brilliant observations and advice. strongest recommendation

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